## DIABETES AWARENESS and VISION SCREENING

There are **28 million identified Diabetics in America and estimates indicate, 80 million** 

*more* are pre-diabetic or not yet diagnosed.

Demographics and family history play a large role in pre-determining a person's tendency to contract Diabetes.

# *In our population, sadly, Diabetes exists to a degree described as epidemic.*

Uncontrolled Diabetes can lead to a number of short and long term complications including hypoglycemia, heart disease, nerve damage, amputation and vision impairment, or worse, the development of Diabetic Retinopathy which is a leading cause of blindness..

New research confirms that the number of people with vision impairment has increased significantly, right alongside the Diabetes epidemic.

Confirming that vision issues exist through a quick, non-invasive <u>Vision Screening, can serve as a</u> <u>critical first alert</u> leading us to take the important step to see an eye care professional to have a comprehensive eye examination.

With a full examination we learn, among many other things, if Diabetes is a contributing factor. Other chronic diseases may also be detected.

Early detection is important and Vision Screening helps us take the right steps to early detection.





NORMAL RETINA

DIABETIC RETINOPATHY

YES, There are MANY WAYS that <u>YOU</u> can HELP ——— Visit our Screenings or Sponsor an Event Volunteer to work on our Screening Teams Participate in the Spring "Stride for Sight" 5K Invite us to speak to your group Invite Business friends to become our Partner Tax deductible Donations to the 501(c) 3 Lions Sight Research Foundation, including: One Time Gifts — Planned Scheduled Gifts Memorial Gifts — Matching Gifts Estate & Bequest Gifts of any type



## DISTRICT 2-A2 LIONS SIGHT RESEARCH FOUNDATION

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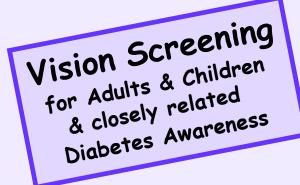
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# LIONS EYE HEALTH PROGRAM





GOOD VISION SHOULD BE a GIFT to be used for an ENTIRE LIFETIME



# VISION SCREENING as done by THE LIONS of DISTRICT 2-A2

## Lions KidSight Program

Five percent of all preschool children have vision problems, many of which go undetected. Children with poor vision may not complain, and many will have no noticeable symptoms. Yet vision problems, such as lazy eye, can lead to permanent loss of vision, and even blindness. Vision develops so rapidly that screening for problems early is our best defense against a blinding vision problem. The most important time to test for and correct lazy eye (Amblyopia) is in the preschool years when treatment is most effective - the earlier, the better.

Our KidSight Vision Screening is accomplished by trained and State certified volunteer Lions utilizing a small hand-held camera system called "SPOT" by Welch Allyn that collects images of the structure of the eye and indicates potential abnormalities. "SPOT" is a breakthrough device that quickly and easily detects vision issues. "SPOT" helps ensure that children have an opportunity to reach their full potential *In just a few seconds, this non -invasive method quickly detects the following vision issues:* Near or Far sightedness

Unequal refractive power Blurred vision Eye structure problem Pupil size

Eye misalignment



Vision Screening events conducted by District 2-A2 Lions through the resources provided by the Lions Sight Research Foundation are free-to-the- public services which give community members that take advantage of them, greater awareness of the need for comprehensive eye examinations.

Comprehensive eye exams tell us much about our vision and much about our overall health.

# Significant numbers of adults screened on our **MOBILE EYE SCREENING UNIT** -

(57% for acuity issues / 8.4% for visual field or inter-ocular eye pressure) are recommended to have follow-up examinations by eye care professionals and, **in some cases**, **have been the first indication that serious vision problems such as** *glaucoma, cataracts, macular degeneration, diabetic retinopathy* and other chronic health issues may be developing.

Since the Vision Screening Program began in 1996, many of the **70,000** individuals that have been screened continually report that, if they can recall having a comprehensive eye examination, it had been at least five to seven years prior. Strikingly, only a small percentage of those that know that they have Diabetes, have annual examinations done by eye care professionals.



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## ANNUAL SCREENING GOALS

**5,000 adults** Using the *Mobile Eye Screening Unit* for: Visual Acuity Visual Field and Inter Ocular Pressure

### **5,000 children** 6 mo's to 5 yrs old Using *KidSight* Imaging for: Refraction Corneal Curvature Visual Acuity Pupil Size Asymmetry Gaze Deviation